



January 15, 2023 — Volume 20, Issue 2

SUNDAY SERVICE Sunday, January 15, 11 am This I Believe

As a "liberal religion," Unitarian Universalism is covenantal rather than creed-based. This Sunday, our service explores some of the very different beliefs that our own members hold along with the shared values that allow us to worship together as UU's. Jeff Stevens serves as worship associate, and James Chase reads our story for all ages. Our music will be provided by The UnUUsuals, featuring the musical talents of some of our Chalice Choir members. Please remember to bring a mask.

This Sunday, we will also "Share the Plate" with GRACE Marketplace.

Live Stream

If you're unable to attend, you may watch our live streaming service starting at 10:50 am this Sunday on our YouTube channel:

https://www.youtube.com/user/UUGainesville

Starting at 10:50 am each Sunday, you can use this link to go directly to the live broadcast:

https://www.youtube.com/channel/

UCSnQkwxBNGT-H1RLSg6lRfA/live

SHARE THE PLATE CONVERSATION WITH GRACE MARKETPLACE

Sunday, January 15, 10:00 am First Hour, UUFG Classroom 4

GRACE Marketplace's Volunteer Coord of Volunteers will speak with us about the work and needs of GRACE. Leigh Scott has stories to share and is happy to answer questions about this community resource at 3055 NE 28th Drive in Gainesville. We meet at 10 am in Classroom 4 – bring your coffee and questions!

SHARE THE PLATE WITH GRACE MARKETPLACE

Sunday, January 15, 11:00 am

Once a month, we "share the plate" with a worthy charity. This Sunday, we recognize GRACE Marketplace. GRACE is supported by the City of

Gainesville and Alachua County and offers a wide variety of supportive services for the homeless. At this Service all nondesignated donations will be given to GRACE.

Besides Sunday collection, you may also support "Share the Plate" in the following ways:

- 1. Send a check to the Fellowship with "Share the Plate" in the memo line.
- 2. Click <u>HERE</u> for our website's donation page and select "Share the Plate" as an option.

MLK MARCH, DOWNTOWN Monday, January 16, 12 noon

Please meet at 11:45 pm at City Hall Plaza. We will join the noon-time march as a group with our UUFG banner, from the Plaza to Citizens Field, where the MLK Day program begins at 1pm. Wear your yellow Side of Love tee or another yellow tee shirt if possible. Questions? Contact Alice Primack at primacks39@gmail.com.

FIRESIDE SUNDAY

Sunday, January 15, 10:00 am to 2:00 pm

Our Fireside Sunday was so well enjoyed that we've decided to revisit once a month for the cold months of the year. The whole congregation is invited to our next Fireside Sunday at 10 am on January 15. Come by our Fire Circle just south of the classrooms.

We'll have hot dogs and s'mores to prepare over the fire, but you are welcome to bring other food that may better fit your or your families dietary needs (e.g., vegan, gluten free, etc.) You can also stop by after service for some community enrichment. The fire will go until around 2 pm.

We will have some puppets and activities, but all are encouraged to bring any snacks, tools, activities, or enrichment they would like to share. ~ James Chase, DRE

"FIRST HOUR" RELIGIOUS EDUCATION FOR ADULTS ON SUNDAY, JANUARY 15

10 am in the Common Room

Humanist Unitarian Universalist Group of Gainesville (HUUGG) — Discussion We will be reading excerpts from UU folks and sharing thoughts about humanism. Read these thoughtful insights https://www.uua.org/beliefs/what-we-believe/beliefs/humanism ahead of time or just show up on Sunday January 15 at 10:00 to share.

Last week we agreed to live with HUUGG as a group name until we come up with something better. I think we also are leaning toward establishing a lineup of topics through May. Join us and provide input, please.

Also, remember there is a HUUGG Dinner on the second and fourth Tuesdays of every month.

For more information about HUUGG, contact Kay Anderson at kayanderson59@gmail.com.

~ Kay Anderson

10 am in Classroom 3

Dreamwork

Dreams have a long history of being regarded as divine messages in almost every religious tradition. Dreams are a thin place for encountering the Divine in all aspects of our lives. Working with our dreams opens a communication channel between the conscious and unconscious worlds, allowing us to translate the metaphor and symbol in dream language into a language that is helpful for problem solving in our waking life.

Sharing the stories our nightly dreams tell is an age-old practice, one that has provided inspiration, entertainment and revelations throughout history. Dream work offers a method for healing old wounds, living more fully and joyfully each day, increasing self-awareness, improving understanding of our life purpose, and integrating new understandings. Each of these leads, in turn, to greater empathy and compassion.

Carl Jung developed language and methods for better understanding dream meanings — concepts like projection, archetypes, collective unconscious, anima, animus, and shadow. Because it is often difficult for the dreamer to analyze and understand messages from their own dreams, projective dream work is helpful for grasping dream meanings.

In this group we will learn the basic method of projective dreamwork, how to remember our dreams, build a safe container for sharing, and then work with dreams that dreamers bring to the group. Come find out what your dreams are telling you!

Dreamwork will have open classes on January 8, 15 and 22 before settling into a monthly routine with a set group of participants. For more information, please contact the course facilitator, Diane Harper, at harper dianne@hotmail.com.

VOLUNTEERS NEEDED: SIGN UP ONLINE FOR COFFEE HOUR

Click **HERE** to volunteer yourself, you and a few friends, your family, your committee (you get the idea) to host Coffee Hour. It's fun, easy, and so appreciated!

DOESN'T COST A DIME

Reimbursement sheets are provided, and the process is easy. Just save your receipts.

Ouestions?

Contact Susan at susan.christy42@gmail.com

GAZETTE SUBMISSIONS

The Gazette is reserved for UUFG business and concerns submitted to the office (email uuoffice@uufg.org) for editing by noon on Wednesdays. Please put "for Gazette" in your subject line. Your submissions will be posted up to three times, inserted on dates you indicate.

RECENT ATTENDANCE

One-hundred and seven people attended our January 8 service.

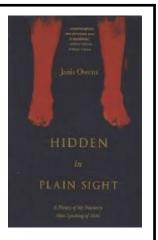
SOCIAL JUSTICE COMMON READ

Conversation with Author Janis Owens

Saturday, January 28, 1:00 pm, Trinity United Methodist Church, 4000 NW 53rd Ave.

Author Janis Owens will speak about her book *Hidden in Plain Sight: A History of the Newberry Mass Lynching of 1916*. This book is our Social Justice Common Read for Winter, and is a fast-paced narrative history of a 1916 mass lynching in North Florida, where six members of a tight-knit Black family were killed by a white mob of the "best men" in the district. The lynching garnered brief, nationwide attention, including an investigation by the NAACP and condemnation by W. E. B. Dubois, before it was buried in a vow of silence that endured for nearly a hundred years.

Owens is a native of North Florida, and graduated from the University of Florida. This talk is the keynote address of the Sunshine State Book Festival put on by the Writers Alliance of Gainesville (https://www.sunshinestatebookfestival.com/).



I AM GRATEFUL TO



Many thanks to *Peggy Koulias* and *Kirsten Flamand* for hosting last Sunday's Coffee Hour. This was Peggy's second week in a row!

~ Susan Christy

Do you have a "gratitude" to share, expressing appreciation for someone working "behind the scenes" to make UUFG a warm and welcoming place? Please send an email to Cam Pierce at uuoffice@uufg.org.

Thanks to Sunday Facilitators! January 15	
Outside Greeter	Wendy Visscher
Welcome Table	Cindy Prabst Joy Avery
Foyer Monitor	Doris Hargrave Paul Hargrave
RE Monitor	Diana Hagan
Ushers	Debra Neill-Mareci
Visitors Table	Tim Christy Mike Hazlett
Audio-visual	Garrett Hecker

CALLING ALL SINGERS! JOIN UUFG'S CHALICE CHOIR IN 2023!



Calling all trained and untrained singers alike!

Start the new year by joining the Chalice Choir, UUFG's congregational choir! Musicians of all experience are welcome.

Rehearsals are Thursday nights at 7 pm. Contact Music Director Derek Nirenberg at music@uufg.org for more information.

Derek Nirenberg

Music Director, Unitarian Universalist Fellowship of Gainesville

REV. CHRISTE LUNSFORD ON LEAVE THRU JANUARY 29

Rev. Christe is on leave through Sunday, January 29. If you have Fellowship-related issues or pastoral concerns, please contact Cam Pierce, Congregational Administrator, in the UUFG office (uuoffice@uufg.org / 352-377-1669) or Martha Soles, Congregation President (marthajsoles@gmail.com / 540-645-9897) for assistance. They are in contact with Rev. Christe and can relay concerns as needed.

ONLINE GIVING TO UUFG

You can use our safe, online payment portal to make donations through our website.

Go to https://secure.myvanco.com/L-YXTK to set up your account.

TOUCHSTONE JOURNAL BY SUBSCRIPTION

Every month, our Fellowship explores a "Touchstone" theme. The latest issue of the *Touchstone Journal* is available via our website at https://www.uufg.org/learning/adult/

If you would like to receive mailed copies of the *Touchstone Journal*, please contact Cam Pierce in the office (uuoffice@uufg.org / 352-377-1669).





FOOD4KIDS BACKPACK PROGRAM COLLECTION

Each Sunday, we collect food to benefit our local Food4Kids Backpack Program, which provides children with non-perishable food that they can bring home to their families. We plan to continue this collection program through the spring.

The next time you attend service at UUFG, please consider brining a non-perishable food item when you attend. Look for a cart near the entrance to our Sanctuary. For more information, please contact Chris Vulpe at cvulpe@mac.com.

Suggested Items:

- Breakfast Items oatmeal packets, cereals
- *Canned/Boxed Goods* beans, meats, pasta, soup, veggies
- **Snacks** raisins, pretzels, fruit cups, pudding, peanut butter and jelly, etc.
- *Drinks* shelf stable milk, juice boxes/ pouches

UUFG CALENDAR

Sunday, January 15 —

10:00 am HUUGS Humanist Class (Common Room)

10:00 am Dreamwork Class (Classroom 3)

10:00 am Social Justice Share the Plate Conversation (Classroom 4)

10:00 am Religious Education for Children & Youth (Classrooms 5 & 6)

11:00 am Worship Service (Sanctuary)

12:00 pm Coffee Hour (Phillips Hall & Tent Area)

12:00 pm Youth Group (Classroom 7)

Cancelled: Social Justice Circle

Monday, January 16 — UUFG Office Closed

11:45 am Martin Luther King Jr. March (starts at City Hall Plaza)

7:00 pm Gainesville Bridge Club (Phillips Hall & Sanctuary)

Tuesday, January 17 — UUFG Office Closed

8:30 am Morning Meditation (Zoom — for info, contact Diane DePuydt at diane.depuydt@gmail.com or Pete Turner at)

6:00 pm Weight Watchers (Phillips Hall)

8:00 pm Silent Meditation (Zoom — for info, contact Carol Stiles at uuvaldosta@yahoo.com)

Wednesday, January 18 —

2:00 pm Safety Committee (Fellowship Hall walkway)

6:00 pm Paynes Prairie Chapter of the Florida Native Plant Society (Phillips Hall)

7:00 pm Touchstones Discussion Group (Common Room)

Thursday, January 19 —

10:00 am Weight Watchers (Phillips Hall)

7:00 pm Chalice Choir Rehearsal (Sanctuary)

Friday, January 20 —

8:00 am Weight Watchers (Phillips Hall)

12:30 am Gainesville Bridge Club (Phillips Hall)

Saturday, January 21 —

8:00 am Weight Watchers (Sanctuary)

10:00 am Messy Playdates (Playground — For info, contact James Chase at dre@uufg.org)

11:30 am UU Book Circle (Nopal Restaurant — Questions? Contact Martha Soles at marthajsoles@gmail.com)

Sunday, January 22 —

10:00 am Parenting and Religion Class (Common Room)

10:00 am Dreamwork Class (Classroom 3)

10:00 am Religious Education for Children & Youth (Classrooms 5 & 6)

11:00 am Worship Service (Sanctuary)

12:00 pm Coffee Hour (Phillips Hall & Tent Area)

12:00 pm Youth Group (Classroom 7)

12:15 pm Safety Subcommittee (Common Room)

HAPPY BIRTHDAY!

Please wish "happy birthday" to Kay Anderson, Nancy Parkinson and Evan Waldt!



Do you have a birthday this coming week, but aren't on our list? Please contact the office to let Cam know (uuoffice@uufg.org).

UU VALDOSTA MEDITATION Tuesdays, 8:00 pm by Zoom!

Our UU neighbors to the north have made their ongoing Tuesday evening meditations available to our Fellowship. Join their sessions Zoom at 8:00 pm each Tuesday, and at 8:10 pm they begin 30 minutes of silent meditation.

If you would like to join this meditation group or would like more information, please send a message directly to Carol Stiles at uuvaldosta@yahoo.com with "Meditation Tuesday" in the subject line. She will send you the Zoom link.

MORNING MEDITATION Tuesdays, 8:30 am

UUFG's Mindfulness Meditation group continues to offer meditation sessions every Tuesday from 8:30-9:45 am via Zoom. The half-hour meditation practice is followed by reading and discussion of Buddhist

teachings from several traditions. For information and the Zoom link, contact Diane DePuydt (diane.depuydt@gmail.com) or Pete Turner (peteturner123@gmail.com).

HEARING LOOP AVAILABLE



Please talk to an usher for information.



KINDLY SILENCE YOUR CELL PHONE

REGISTER NOW FOR UUA'S GENERAL ASSEMBLY, 2023!

Registration has opened for this coming year's General Assembly in Pittsburg, PA, running from June 21 - 25, 2023. General Assembly 2023 will be a multiplatform event, with registration options for in-person and/or virtual participation.

In-person registration includes access to events scheduled to take place in Pittsburgh, as well as everything available to virtual registrants. Full virtual registration includes access to the GA app, as well as all on-demand programming, live webinars, and live-streamed events.

New this year! Join our First Timers Caucus. If this will be your first ever in-person GA, use the promo code WELCOME to reduce your Adult in-person registration by \$100. One hundred spots are available. Cannot be combined with other financial support promo codes.

In-person registration is \$400 for adults, and \$300 for high school youth, emerging adults (18-24), and retired and candidate ministers. Full Virtual Registration is \$250. Register now and use the payment plan to pay over time. Financial support is also available. *In-person registration rates will increase on March 1 and again on May 1.*

For registration information, click <u>HERE</u>! What is General Assembly? Click <u>HERE</u> to find out!

LITTLE FREE PANTRY



Near our entrance, we have a "free pantry" box, which allows people to drop off or pick up food donations in our neighborhood.

Do you have some non-perishable food to share? The box is located near the entrance to our Fellowship.

Questions? Contact Cam in the office at uuoffice@uufg.org / 352-377-1669.